

Moving Forward



PRINCIPAL'S ADDRESS



SHELLEY TRENT

EXECUTIVE PRINCIPAL

As we reflect on this past term, it is evident that King's continues to grow as a thriving and dynamic community. Our Vision Night set the tone for our journey ahead, setting our goal for 2027:

"King's is a healthy community that is releasing leaders who are secure in their God-given identity and are engaging a global skillset that allows them to lead in an ever-changing future." With this vision in mind, we have seen incredible achievements across all areas of school life.

SPORTS EXCELLENCE

Our softball team had an outstanding season, with the U/11s claiming victory in their tournament—an achievement that speaks to their dedication and teamwork. Looking ahead, our cricket team is preparing for the final of the Johnny Waite competition in the new term, an exciting milestone. Notably, two of our players rank among the Top 10 in Johannesburg, a testament to the level of talent and commitment within our school.

CREATIVE ARTS BRILLIANCE

One of the highlights of the term was our Creative Showcase—a breathtaking display of artistic talent and dedication. This event truly captured the depth of creativity at King's, reminding us of the incredible gifts our students have to offer.

ACADEMIC STRENGTH

Academically, this term has provided a solid foundation for the year. We have welcomed new learners into our community, and they have seamlessly integrated, enriching our school with fresh perspectives and enthusiasm.

As we move forward into the next term, we build on this strong start with momentum and excitement, confident that King's is on course for another year of excellence.

Warm regards,
Shelley

coolideas

INTERNET SERVICE PROVIDER



coolideas

SCHOOL INITIATIVE

FREE FIBRE INTERNET

Giving our schools the resources they need to support the growth of the leaders of tomorrow!



www.coolideas.co.za | (010) 593 2665



LOVE OF LEARNING

MEET THE TEACHER: MISS NICOLA VAN DER WESTHUIZEN

Written by Rohan Jose (Grade 5)

Ms Nicola van der Westhuizen (Ms. V as she is known by the students) is our Grade 5 Math teacher and Grade 6 Social Studies teacher. This is her first year as part of the King's family. Rohan Jose asked her a few questions so that we could get to know Ms V a little better.



HOW LONG HAVE YOU BEEN A TEACHER?

I have been teaching for 13 years.

WHAT INSPIRED YOU TO BECOME A TEACHER?

I have always been teaching. I helped someone to teach a class and that's when I knew teaching was for me.

IF YOU WEREN'T A TEACHER, WHAT JOB WOULD YOU DO?

I would be an events coordinator.

WHAT CHALLENGES DID YOU HAVE TO OVERCOME TO GET GET A MASTERS DEGREE IN MATHEMATICS?

It was COVID and I was working and studying. It was hard to find time.

WHAT IS YOUR FAVOURITE SUBJECT TO TEACH?

My favourite subject to teach is Social Studies.

WHY DID YOU CHOOSE TO COME TO KING'S?

God sent me to King's.

HOW WOULD YOU LIKE TO BE REMEMBERED BY YOUR LEARNERS?

That I was a fair and honest teacher and that my learners had fun.

WHAT IS YOUR FAVOURITE GRADE TO TEACH AND WHY?

The Grade 5's. I enjoy the learners and the content that I need to teach.

DO YOU HAVE ANY PETS?

Yes, Dexter, a Shar Pei. I had him for 12 years. He is my favourite, because he has the most personality.

AN INTERESTING FACT ABOUT MS V?

I can blink really fast.

GRADE 3 ZOO OUTING

Written by the Grade 3's

"I thought we weren't going to see tigers but we did and my favourite animal was a lion."
- Lihlomile Sansole

"I REALLY ENJOYED SEEING ALL THE ANIMALS AND MY FAVOURITE WAS THE RED PANDA." - MABLE MWAMLOWE

"The zoo had more animals than I thought it would." - Jonathan Swanepoel

"IT HAD A FUN PARK, AND MY FAVOURITE ANIMAL I SAW WAS A RED PANDA." - CHARIS ONIGBINDE

"I know how the Spider Monkeys make their noise, their balloon sack echoes the sound, which is why they are so loud." - Lia Hamel



STEAM

Written by the Grade 5.3



A VISIT FROM AN ORTHOTIST AND PROSTHETIST

In Grade 5, we've had an exciting term of learning! In our Natural Science lessons, we studied different types of skeletons, like vertebrates and invertebrates. In our STEAM class, we learned about prosthetic limbs and even designed and built our own prosthetics. To help us understand more, Mr. Singh, an orthotist and prosthetist, visited our class to share his knowledge about prosthetics and orthotics.

Mr. Singh explained that orthotists create devices like braces to support body parts, while prosthetists make artificial limbs to replace lost ones. He showed us different types of prosthetics and allowed us to feel how heavy they were. We also learned that prosthetics are often made from dental plaster, which molds to the shape of a person's limb to ensure a perfect fit. One of the most interesting parts of the visit was seeing a robotic arm that moves with the muscles, even when a person no longer has an arm.

We learned some surprising facts about the prosthetics field. For example, there aren't many orthotists and prosthetists in South Africa, making it a rare and valuable skill. Mr. Singh also told us that while prosthetics are expensive to buy, it actually costs less to make them. We also saw how advanced prosthetics, like the robotic arm, use technology to help people move and regain independence.

The visit made us realize how important prosthetics are in helping people live better lives. It was inspiring to see how technology can help people overcome challenges, and it reminded us how lucky we are to have all our limbs.

THIS VISIT HAS ENCOURAGED US TO THINK MORE DEEPLY ABOUT OUR OWN STEAM PROJECTS AND EXPLORE HOW WE CAN CREATE NEW AND BETTER PROSTHETICS IN THE FUTURE.





MYSTERY READERS

Written by Carter Tehini (Grade 6)



Having the mystery readers at school was an absolute blast. Having people read to you is so different than reading to yourself. When you read to yourself you may not put expression or emphasize certain words in a book. Having someone that has read to many people before is so fun because they add expression and emphasis on words and it makes it so much more entertaining.

OBVIOUSLY, YOU CAN ADD EXPRESSION WHEN YOU READ TO YOURSELF BUT WHEN SOMEONE READS TO YOU IT'S A WHOLE DIFFERENT EXPERIENCE. HAVING PARENTS TO COME AND READ TO THEIR CHILDREN AND THE KIDS IN THEIR CLASS IS SO FUN AND EVEN FUN FOR THE PARENTS TO MEET ALL OF THE LEARNERS.

When parents come and read to their child's class it gives them the opportunity to see what it's like to be in a classroom again and not in an office. I'm sure that the parents have so much fun when they read to their children in their class and the learners enjoy it immensely. I absolutely love the mystery readers idea and I hope to see more of it in the future.





BUILDING CULTURE

SPORTING EXCELLENCE

INTERHOUSE GALA

Written by Megan McIntyre and Ryan Rankin (Grade 7)



King's has never failed to impress when it comes to extraordinary academics, cultural excellence and raising Godly leaders. To add, the King's 2025 Prep Interhouse Gala didn't disappoint with incredible enthusiasm matched only by the impressive performances of our swimmers.

IT WAS SUCH A STRONG WAY TO START THE YEAR! OUR HAWKS, EAGLES AND FALCONS FOUGHT INTENSELY IN BOTH THE SPIRIT AND SWIMMING TO SEE WHO WOULD WIN, WITH HAWKS CLAIMING VICTORY IN BOTH SECTIONS OF THE GALA.

The atmosphere was electric from the very beginning as each house marched into their own powerful anthem, firing up the crowd with war cries. The races kicked off, and the energy was unstoppable—whether in the pool or cheering from the stands, everyone gave it their all. We wrapped up the day with one last war cry before the announcement of the winning house.

IT WAS A HEART-POUNDING, EXHILARATING EXPERIENCE THAT WE WILL NEVER FORGET AND A PERFECT CHANCE TO COME TOGETHER, CELEBRATE TEAM SPIRIT, AND GET TO KNOW OUR FELLOW LEARNERS BETTER. THE EXCITEMENT, THE PASSION, AND THE SPIRIT OF THE DAY WILL STAY WITH US FOR A LONG TIME!

INTER-HOUSE GALA HIGHLIGHTS



CREATIVE ARTS

CREATIVE SHOWCASE

Written by Kate McGregor (Grade 7)



CREATIVE SHOWCASE IS DEFINITELY A HIGHLIGHT IN THE CALENDAR EVERY YEAR!

The Creative Showcase is an exciting experience where learners get to use and display their God-given talents. The Creative Showcase began in 2022, and now there are around 200 entries every year.

The learners are able to participate in multiple events such as instrumental, singing, art, cupcake and cake decorating, monologues and poems, Lego sculptures, photography, creative writing and so much more.

Whilst prizes are given to the top creators in each category, many take part just for fun. Each year it is wonderful to see the growth in all the learners!

The end of this jam-packed two week period culminates in a very exciting production, where families can come and enjoy some of the incredible talent on display.

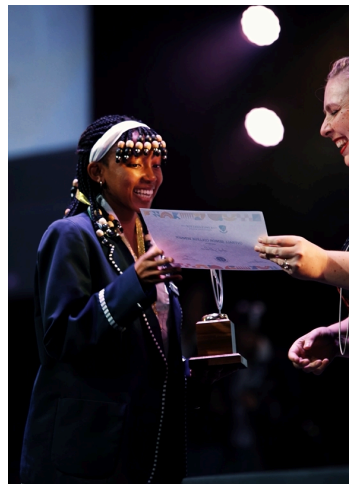
2025 OVERALL WINNERS:

JUNIOR PREPARATORY: **VALLERIE JANSEN VAN VUUREN**

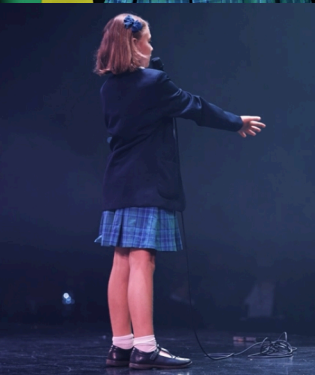
SENIOR PREPARATORY: **JASON WOOLLATT**

JUNIOR COLLEGE: **ANGEL CHISWANDA**

SENIOR COLLEGE: **ANELE SIKHAKHANE**







Dance Sports Schools League (DSSL)

Written by Siyavuya Mabece (Grade 7)

DSSL is an activity I really enjoy at school because it gives me a special way to express myself through dancing. Every time we step into practice, it feels like I can let go, be myself, and tell a story without saying a single word. Dancing helps me show my energy, feelings, and creativity, and that's something I've come to love.

One of the most exciting parts of DSSL is the competitions. We travel to different schools, and it's so fun to see all the talented dancers and their unique moves. It can definitely be a little scary, especially when you're standing there about to perform. But the best feeling is when the music starts, and you just forget everything and dance like no one's watching. One part that's always a challenge for me is the one-minute freestyle dance. It's completely on the spot—we have to make up our dance right there, and include at least 10 DSSL moves. At first, it feels terrifying, but I've learned that the more I trust myself and let go, the better it gets. Each time, I come away feeling stronger and more confident.

A BIG REASON I'VE GROWN SO MUCH IS BECAUSE OF COACH ZOE. SHE'S NOT JUST AN AMAZING COACH – SHE'S SOMEONE WHO TRULY BELIEVES IN US.

Even when we doubt ourselves or mess up, she's always there, encouraging us to keep going and reminding us how much potential we have. I appreciate her kindness and the way she pushes us to be our best, not just as dancers, but as people.

DSSL HAS TAUGHT ME MORE THAN JUST DANCE MOVES. IT'S TAUGHT ME HOW TO EXPRESS MYSELF, FACE MY FEARS, AND BELIEVE IN WHO I AM. EVERY TIME I DANCE, I FEEL LIKE I'M BECOMING MORE CONFIDENT, AND THAT'S SOMETHING I'LL ALWAYS BE GRATEFUL FOR.





PREPARING LEADERS

PREPARING LEADERS

SECOND DESTINATION



Written by Carla Swanepoel (Grade 7)

The Second Destination is an annual Learner Journey event at King's that introduces the eager Grade 6 and 7 learners into the difficult, yet stimulating world of College. The most recent Second Destination event was on Saturday, 1 March 2025, where parents, teachers and learners were delighted to participate in such an exciting event.

The learners and parents went on separate paths that explored the different aspects of high school. As the parents ventured off, the children were all taken to the STEAM class where they were shown an amusing video of the Grade 7's of the previous years. Thereafter, we were randomly separated into groups of 8. Suddenly, we were presented with a curious quest. We were asked to create a design to go on to a mystery item that we would receive at the end of our Grade 7 year.

THE PARENTS WERE PRESENTED WITH ALL THE SUBJECTS WE COULD TAKE, INCLUDING DESIGN, HISTORY, CREATIVE ARTS, ITEMS, MATH, ENGLISH, LANGUAGES AND MUCH MORE...

Afterwards, we were rewarded with delicious donuts and full minds about the exciting high school

I am so grateful that we had the privilege to participate in the Second Destination event!



ALUMNI

FEATURING GABRIELLE MATTHEW

Written by Esmé Kruger (Grade 12)



Gabrielle Matthew graduated from Kings in 2020 and is currently 22 years old. Last year in February she started an internship at eNCA as a reporter with the long term goal of anchoring. Reporting and covering on Mental Health Awareness Month has been one of Gabriel's personal career highlights, as it has allowed her to perpetuate the reason she wanted to become a journalist. Some of Gabrielle's other career highlights so far have been interviewing UFC Middleweight Champ, Dricus Du Plessis; Dr John Kani at the Mufasa Movie Premiere; as well as speaking to Miss South Africa's Natasha Joubert and Mia le Roux.

SOME OF GABRIELLE'S FONDEST MEMORIES AT KINGS WAS BEING ABLE TO PARTICIPATE IN THE YEARLY HOUSE PLAYS.

"ONE OF MY FAVOURITE PLAYS WAS 'DINNER AT EIGHT, DEAD BY NINE', WHICH WE PERFORMED IN 2017. WHAT I LOVED MOST ABOUT HOUSE PLAYS WAS HOW THEY BROUGHT PEOPLE TOGETHER FROM ALL CORNERS OF THE SCHOOL, PEOPLE YOU NEVER THOUGHT YOU'D CONNECT WITH, AND YET, BY THE END OF IT, I BUILT UNEXPECTED FRIENDSHIPS AND MEMORIES THAT STILL STICK WITH ME TODAY," SHE REMINISCES.

Gabrielle Matthew reflects on how the subject she chose in high school still benefits her today, "Drama with Mrs. Ralphs was another memorable part of my school journey. It was hard work, but I loved the creativity and energy that came with every class. What's even more special is that I have had the privilege of covering entertainment stories, including theatre productions during my time at eNCA. It's definitely a full-circle moment, seeing how those days of rehearsing lines and performing on stage at King's still show up in my work today."

Gabrielle has had a phenomenal career journey so far and would like to extend this piece of advice to the present King's learners:

"Enjoy the moments: the classes, the friendships, the House events. Don't let the pressure of "what comes next" overshadow your time at school. There's so much stress about figuring out your future, especially in Grades 11 and 12, but the truth is, most of us don't have it all figured out, and that's also okay.

When I was in Grade 8, I wanted to be a Chartered Accountant. By Grade 9 and 10, I was convinced I'd become a YouTuber. Then in Grades 11 and 12, I went back and forth between Psychology and Journalism. Now? I'm in Journalism.

The point is, your dreams and passions might change, and that's normal. Keep an open mind, lean into what excites you, and don't put too much pressure on yourself to have all the answers right now. Pray about your journey, explore your interests, and trust that everything will fall into place, according to God's timing."



HIGHLIGHTS

5FM

Written by Aiden Katza (Grade 12)



ONE OF THE MOST EXCITING DAYS AT OUR SCHOOL WAS WHEN 5FM, ONE OF SOUTH AFRICA'S BIGGEST RADIO STATIONS, PAID US A VISIT. THE ENERGY WAS ELECTRIC FROM THE MOMENT THEIR TEAM ARRIVED, BRINGING ALONG THEIR VIBRANT DJS AND LOUDSPEAKERS.

The event took place on our school field, where a stage had been set up. Students gathered eagerly, the DJs, known for their humor and engaging personalities, instantly connected with us, cracking jokes and playing some of the latest hits. They also hosted fun games and competitions.

One of the highlights of the visit was when a few students got the chance to go on air and share their thoughts about school life and music. It was surreal to know that our voices were being broadcast across the country!

As the event wrapped up, the DJs took photos with students. The atmosphere was buzzing with excitement even after they left, and for days, all anyone could talk about was the incredible 5FM visit. It was truly a day to remember—one that brought our school community together.

